

## PRESS RELEASE

### Moving home needn't be as stressful as you think with our top tips

Those who don't believe that the housing bubble is about to burst will be cheered by the latest statistics from two of the country's largest mortgage lenders – Halifax and Nationwide – who both recently reported gains in house prices rises, saying the market was poised for a spring revival.

“Spring has always been a popular time to move house, but people need to think now about how they can minimise this potentially stressful experience by planning their removal as early as possible,” advises Andrew Scholey, founder of helpiammoving.com – an award-winning free independent website, designed to take away some of the stresses that come from moving house.

Helpiammoving.com gives advice to over 30,000 households each month. “Removal costs are surprisingly not as expensive as you may think. It's worth getting a quote first. Remember you get trained removal men, free advice, often free packing materials and a full day's hard work with a smile and counseling thrown in.” explains Andrew, who's site now offers a free quotation request service to put movers in touch with 5 local reputable removal companies, making the experience far more manageable.

Whether you are moving from a studio or a castle, these top tips from helpiammoving.com will come in handy.

#### 1. **Shop around**

Always get at least three quotations. To save time, use our online quote form at [www.helpiammoving.com](http://www.helpiammoving.com). Your details are forwarded on to five reputable removal companies in your area. We recommend that you arrange for the companies to visit you, so you can check them out and make sure you feel comfortable with them. They can also clarify your inventory as every move is unique and therefore an instant price based on little information is rarely honoured. Always ask for references and don't be afraid to follow these up and read the small print.

#### 2. **Security**

If you are using the removal company to store your possessions, ask about security at the premises and if possible make a visit.

#### 3. **Removal trade association?**

Being a member of trade association, such as BAR (The British Association of Removers), The Guild (The National Guild of Removers) or FIRST (The Federation of Independent Removers and Storers) offers peace of mind as they have agreed to abide by a code of practice. Although there are also a lot of companies who are well established and reputable who do not feel the need to belong an association. Recommendation is worth its weight in gold.

#### 4. Start Packing

As soon as you realise you are moving, start packaging items that you rarely use, such as items in the loft, books, DVD's. Exchange can often take place in the same week as completion and to start from scratch with just a few days till moving day is definitely going to add to stress levels.

#### 5. Friday Moves

Avoid moving on a Friday, and especially at the end of the month. Although it seems like a good idea to have the weekend to unpack, the vast amount of completions occurring on this one day can cause delays, leaving you without access to your new property until late afternoon and a removal crew on overtime.

#### ENDS

For further information, please contact:

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**Andrew is available for interview to discuss the moving industry and give advice to help people have a stress free move.**

#### **Editor's notes:**

Andrew Scholey started helpiammoving.com over 4 years ago. He is an ex-removal company owner who with over 20 years experience in the industry can give a trade perspective to the general public.

Andrew developed the idea of helpiammoving.com as he wanted to help make the experience of moving less fraught. The site was developed around feedback from movers during Andrew's long time working in the industry. Helpiammoving is not run by a Removal Company or Trade Association, and so is able to offer unbiased advice.

Helpiammoving has been featured on Radio 2 – and was voted best Website of the day. It has also been featured by Vanessa Feltz on her BBC London Radio Show, LWT, Evening Standard, Yorkshire Post, Times, Scotsman on Sunday, Mirror, Guardian, as well as Property Chain Kirsty Althorp and Channel 4.